



**SERENESTEAM**<sup>®</sup>

Fill the air with wellness

## USER GUIDE

Serene Steam is in compliance with the Uniform Plumbing Code IAPMO - IGC- 154-2019 Standard, **including product certification.**



**User Instructions Guide  
For Models:**

**Solar Flare  
Sensory Splash**

**Table of contents pages:**

1. **Solar Flare Chroma Introduction**
2. Become familiar with Solar Flare features
3. General description of product view during use
4. LED lights and timer use
5. Charging the LED lights
6. How to use the LED lights
7. Aromatherapy initial set up before use
8. Using Aromatherapy with Essential Oils
9. Product disclaimer **(must read)**
10. Product disclaimer continued **(must read)**
11. Introduction to using your new spa system
12. Steam hot/vapor control
13. Good to know tips **(Important)**
14. How to use the spa system **(sample use 1)**
15. How to use the spa system **(sample use 2)**
16. How to use the spa system **(sample use 3)**
17. How to use the spa system **(sample use 4)**
18. How to use the spa system **(sample use 5)**
19. How to use the spa system **(sample use 6)**
20. **Sensory Splash Chroma Introduction**
21. Become familiar with Sensory Splash features
22. Product maintenance
23. General Troubleshooting

**Before using your new product please read this guide in detail, and keep it handy for future reference.**



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## SOLAR FLARE CHROMA

The Solar Flare model is our main spa component used as a stand alone spa system including our exclusive steam/hot vapor feature, LED lighting, and an Essential Oils mechanism.

This stand alone model does **not** include any regular shower fixtures such as a hot and cold mixing valve for regular shower use.

Shower head/arm and mixing valve displayed are not included.



## MODEL: SOLAR FLARE

Please become familiar with the product features before use

Below is a general description of your Serene Steam features



- ← LED light system and timer, known as Chromatherapy. Used to create a soothing lighted atmosphere while relaxing in your steam spa, and it is also a timer so you'll know when it's time to exit.
- ← On - Off control valve. Opening and closing this valve controls the amount of steam/hot vapor flow.
- ← Aromatherapy feature. Allows you to use your favorite Essential oils which are infused with the steam/hot vapor as it occupies your shower enclosure during use.
- ← Here is where the steam/hot vapor will flow.

**Please note** that the model displayed here may appear slightly different than your purchase due to product upgrades or enhancements.

## MODEL: SOLAR FLARE

### A general description of how the system should appear during use



The LED lights can be switched on or off during steam use and also have the ability to change color as described later in this manual.



The directional position of this valve will appear open, or semi open depending on the amount of steam/hot vapor flow you desire during product use.



When the product is in use you will notice an amount of steam/hot vapor flowing from this opening as shown. The flow will feel similar to a fan blowing hot air and steam/hot vapor simultaneously. Please note that it is normal for mild water droplets to appear here during use.

## HOW TO USE THE FEATURES

### LED light system



1. Use the included remote control to switch the LED lights on and off.
2. There are several different modes which can affect the brightness or different colors available on the LED light.
3. Use the timer function to set the amount of time your light will stay on. This will be a guidance for the length of time you should stay inside the steam spa, and when it's time to exit.



4.

## CHARGING THE LED LIGHT SYSTEM

### LED light system



The LED light is removable from the housing of the system so that its built-in Lithium battery can be charged for use. Each charge should provide approximately 10 hours of light use.

The LED light is charged similar to charging a mobile phone, and has an opening at the back which will allow the included USB cable connection to be attached for charging. (*Charging cable included, **not the charger***). You may use your mobile phone charger, or any USB charger.



#### Removing for charging

Turn the LED light anti-clockwise several times to remove.



#### Replacing for use

Re-insert the LED light into the unit and turn it *clock-wise* to lock in place. **Gently tighten to ensure it's sealed.**



## HOW TO USE THE FEATURES

### LED light system



The remote control can be used for several different functions which control the LED light. We recommend all settings be activated **prior to entering your steam spa** so the remote does not come in direct contact with water inside your shower enclosure.

### Recommended primary features **before** entering your shower enclosure



1. Press the red "on" button to activate the light.
2. Press the 0.5H button to activate the 30 minute timer. The LED will flash red indicating that the timer is active. **It is not recommended** to use the steam feature for the entire 30 minutes. However, we recommend your preparation for using your steam steam spa such as disrobing, perhaps showering before steam use, showering after steam use, and any other shower activity **which includes steam use** all within the 30 minutes. After 30 minutes has expired, the LED light switches off and it's time to exit your shower enclosure.
3. Press one of the color buttons to choose your desired mood setting colors. Use the brightness button to increase the brightness of the light.

## HOW TO USE THE FEATURES

### Aromatherapy



You may use your own blend of Essential Oils for use with Serene Steam.

Serene Steam recommends using 100 % pure Essential Oils to achieve maximum therapeutic benefits.

Recommended brands are:

Jade Bloom - Doterra - Paradise Springs - Majestic Pure

### Please read the following first.

Due to the manner in which the Aromatherapy feature functions, it is preferred to use a bottle dropper to release an amount of Essential Oils into the Serene Steam system.

Initially, pour your choice of Essential Oils into the empty bottle provided with each system. Use the mini funnel (provided) for pouring.

We have included an empty Essential Oils bottle with dropper and a funnel for use.



## HOW TO USE THE FEATURES

### Aromatherapy

### Essential Oils

Serene Steam's Aromatherapy feature can only be used with a bottle dropper.

**Be sure** to insert the end of the dropper as far as it will go (touching the back plate).

Once your dropper can't be inserted any further, and is touching the back plate, simply press on the rubber section of the dropper which will release the Essential Oils into the system. Repeat as desired during use.



## Popular Essential Oils For Spa Use



### Lavender

Thought to be the most popular essential oil because of its versatility and well-liked floral, herbal aroma, lavender can be used in a variety of ways to inspire calm and relaxation.

**Benefit:** Calming, relaxing



### Eucalyptus

Eucalyptus essential oil is distilled from the leaves of the tree and is great for body care products like salves and rubs.

**Benefit:** Clarifying



### Peppermint

The menthol, herbal aroma of peppermint essential oil can be used in many ways to uplift and invigorate.

**Benefit:** Uplifting, invigorating



**PLEASE READ  
PRODUCT DISCLAIMER ON BOTH PAGES  
BEFORE USE**

Serene Steam is not a medical device in any way, and it is not intended to diagnose, treat, cure or prevent diseases. If any physical, mental or other personal condition is present or persists, contact a doctor before use. We also recommend that you do not rely solely on the information presented in this manual and/or anywhere displayed by Serene Steam and that you always read disclaimers, warnings, and directions before using or purchasing a product.

Serene Steam is a heat producing mechanism. Therefore, you should always consult your doctor or physician before using Serene Steam so you can be sure that you do not have any condition which may cause harm during use.

All sample images of use described in this manual are merely examples of what's possible with Serene Steam and should not be taken as any direction, nor instruction to do so. Serene Steam produces moist heat and hot water vapors, so any position you decide to place yourself within its environment should first be recommended and confirmed by a physician to make sure the features and sample uses of Serene Steam are not harmful to you in any way. If you are sitting on a shower bench during use, it is always recommended to stand up slowly during or after use due to hot vapor/steam exposure. Please be aware that the use of Essential Oils may also have an effect on one's reaction. Always position yourself in a comfortable distance from the system (not closer than approximately 12 inches) to experience the moist heat infused with Essential Oils.

## Disclaimer Continued

Elderly persons and/or those in poor health, or with a heart condition, high blood pressure or diabetes, must not use Serene Steam devices unless otherwise directed by your physician. Should you have any other condition which requires medication of any type, you must also check with your doctor before using Serene Steam. All bathers, or steam bath users should ask their doctor for the estimated time recommended for using a steam shower product. Never use Serene Steam while under the influence of alcohol, prescription medication, or any other drugs without checking with a doctor as this could be a serious hazard to your health.

***Should you become dizzy, faint, or drowsy or experience any other uncomfortable feeling or sensation, immediately exit the steam-room/shower.***

Please be extra aware that the flooring or other surfaces in your Serene Steam environment may become slippery and dangerous to use. Make sure that all floor materials are non-slip and that any additional equipment, such as shower mats, are certified non-slip. This includes any foot-ware that you may be wearing on entering the Serene Steam shower/environment.

Never make direct contact with the steam or hot water vapor coming out of the steam opening during use as this could cause burns or physical harm. Make sure you are not allergic to Essential Oils in any way before use. Children under the age of 18 should not use Serene Steam, unless supervised by an adult.

*By using Serene Steam, you indemnify Serene Steam, its affiliates or any associated entity from any lawsuit or action should any bodily harm result from the features offered or used by Serene Steam. The primary feature of Serene Steam is the production of moist heat, which can turn your shower enclosure into a convenient personal steam room and/or spa.*



Samples of use

## USING YOUR NEW SPA SYSTEM

The model images displayed may differ slightly from your model. However, general functionality and product use are common to all models. Spa bench displayed is not included.

①

Depending on the materials used to build your shower enclosure, especially during cold weather months, it may be a good idea to heat up your shower environment first by taking a regular shower before using the Serene Steam system. Disable air conditioning in your bathroom during Serene Steam use.

②

All images, suggestions, and/or recommended product use in this manual are merely examples and demonstrations of what is possible with Serene Steam. While using it, you may experience your own personal, or different comfort zone than displayed.

③

Serene Steam may offer several relaxing benefits within its steamy environment. Please understand the product's multiple uses, bearing in mind that Serene Steam may also produce different results from the examples shown.



## STEAM/HOT VAPOR CONTROL DIAL

### Settings for using the system



Turning the dial may appear slightly stiff during initial uses



1. Turn the dial to the **MAX** position when starting the system each time.
2. Turn the dial to the **CRUISE** position after a comfortable climate has been reached during use, relax in **CRUISE** mode for duration of use.

It is OK to use in **MAX** mode throughout use should you prefer.

Note: There are no markings on actual product

## GOOD TO KNOW TIPS - PLEASE READ



### Colder Weather Months

During **colder** weather months, it may be a good idea to heat up your shower environment first by taking a regular shower before using Serene Steam.



### Warmer Weather Months

During **warmer** weather months, close your air conditioning vents if the air is flowing in your bathroom *while using Serene Steam*. If your vents cannot close, simply switch off the air conditioning during use.



### Spa Bench Placement

Even though you may have a built-in shower bench as part of your shower enclosure (great for relaxing), it is recommended to use a quality spa bench for targeting certain areas of your body so that you can position yourself in the most suitable location during spa use.



## Heat Things Up

### Sample Use 1

Our model has placed her spa bench within 2 feet of the spa system, allowing the heat flow to focus on her mid/upper body.

Using all system features, Steam, Essential Oils, and LED lights for a sensory symphony.

### Note

You may feel **micro droplets** of water from the hot vapor during use in some positions.

**This is normal**



## Essential Oils Healing

### Sample Use 2

Place your spa bench within your own comfort zone so you can relax within a comfortable distance from the system. The closer you sit, the more heat you will feel.

Experiment with your favorite Essential Oils, breathe & relax.

### Note

You may feel **micro** droplets of water from the hot vapor during use in some positions.

**This is normal**



## Target Your Back

### Sample Use 4

Our model has placed her spa bench in her preferred location from the system which targets her back for possible comfort and/or relief. She is relaxing, and enjoying the moist heat infused with Essential Oils focusing on her back.

### Note

You may feel **micro** droplets of water from the hot vapor during use in some positions.

**This is normal**



## Target Your Joints

### Sample Use 3

*As an example only, our model has placed her hands within her comfortable distance from the system (approx. 12 inches) to experience the moist heat infused with Essential Oils for possible joint relief. Should you feel any discomfort during use immediately stop using.*

### Note

You may feel **micro** droplets of water from the hot vapor during use in some positions.

**This is normal**



## Find Your Own Zone

### Sample Use 5

Our model has placed her spa bench in a preferred location which may target any specific area of her body which she would like to focus the moist heat and Essential Oils on.

Our model is targeting her shoulders and upper back.

### Note

You may feel **micro** droplets of water from the hot vapor during use in some positions. **This is normal**



## Being Creative

### Sample Use 6

Our model has placed a **slip proof** yoga mat on the shower floor to meditate, a unique, and soothing spa experience with heat and steam flow infused with Essential Oils.

### Note

You may feel **micro** droplets of water from the hot vapor during use in some positions. **This is normal**

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## **SENSORY SPLASH CHROMA**

The Sensory Splash Chroma model is our signature spa system, including our exclusive steam/hot vapor feature, with LED lighting, and an Essential Oils mechanism.

This model also includes a full shower feature described as a pressure balanced, hot and cold mixing valve with a two function diverter for switching between a shower head and a hand held shower for regular shower use.

Shower head/arm and hand held shower are not included by Serene Steam but may be available for an addition cost from select distributors.



## MODEL: SENSORY SPLASH CHROMA

Please become familiar with the product features before use

Below is a general description of your Serene Steam features

The **Sensory Splash model** includes an additional component for a complete shower and spa experience as described below. Purchasing the **Sensory Splash model** will include the main spa system (known as the Solar Flare model), as well as a two function hot and cold mixing valve for switching between your regular shower head and hand held shower.



A diverter for switching between a hand held shower and your main shower head.



Pressure balanced hot and cold mixing valve for your regular shower use.



All spa features are included with this model and are described in the Solar Flare section.

**Serene Steam** does NOT include a shower head, nor a hand held shower. However, matching shower heads may be available for an additional cost with your purchase from select distributors.



## PRODUCT MAINTENANCE

Please take care when using, and cleaning your Serene Steam Spa system. Gently polish the stainless steel using an included micro fiber cloth *before using your system for the first time*, and then regularly. Never use an abrasive cloth to clean your system.

Serene Steam recommends *“Real Simple Clean”* or *“Howard”* stainless steel cleaner & polish (not included). Products available from numerous on line retailers.



*Please follow product cleaning instructions as directed by manufacturer*

**There are no** user serviceable parts on Serene Steam. Should you become aware of a change in product performance please contact your distributor and a Serene Steam technical support member will contact you.

## GENERAL TROUBLESHOOTING

? Problem or symptom	i Possible cause	✔ Possible remedy
<ul style="list-style-type: none"> <li>Everything is connected but the system will not operate.</li> </ul>	<p>There is an overriding shut off valve inside, and at the top of the rough-in part.</p>	<p>Make sure that the shut off valve is in the open position when the system is correctly, and completely connected ready for use.</p>
<ul style="list-style-type: none"> <li>Steam/hot vapor flow does not seem to be flowing.</li> </ul>	<p>Your household water pressure may be too low.</p>	<p>According to the Federal Energy Policy Act of 1992, all shower fixtures should have a water flow rate not greater than 2.2GPM At 60 PSI.</p>
<ul style="list-style-type: none"> <li>There is steam but it does not feel hot enough.</li> </ul>	<p>Your water heater may not be set to the correct temperature.</p>	<p>Set heater to 140 degrees F for best results. During colder weather months, heat up your shower environment first by taking a regular shower before using Serene Steam.</p>
<ul style="list-style-type: none"> <li>I can't smell the Essential Oils during use.</li> </ul>	<p>You may be using a non-compatible Essential Oils dropper, or you are not using the <i>supplied</i> dropper correctly.</p>	<p>Only use the supplied Essential Oils dropper and follow detailed instructions as described earlier in this manual.</p>
<ul style="list-style-type: none"> <li>There is a some splashing coming out of the steam exit.</li> </ul>	<p>A small amount of splash is normal and will continue throughout use. The splash should be mild and almost un-noticeable after a short period during use.</p>	<p>N/A</p>
<ul style="list-style-type: none"> <li>I notice small droplets of water at the bottom of the flow exit.</li> </ul>	<p>The small amount of water droplets which may accumulate at the bottom of the flow exit is normal.</p>	<p>N/A</p>

Please contact your distributor for product warranty and/or customer service.



## PRODUCT WARRANTY AND SUPPORT

Please contact **your** distributor, outlet or location where you purchased your product from for customer support.

For general product info please visit:

[SereneSteam.com](http://SereneSteam.com)



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