



The Balance & Harmony of Body & Mind

PLEASE READ PRODUCT DISCLAIMER BEFORE USE

Serene Steam is not a medical device in any way, and it is not intended to diagnose, treat, cure or prevent diseases. If any physical, mental or other personal condition is present or persists, contact a doctor before use. We also recommend that you do not rely solely on the information presented in this manual and/or anywhere displayed by Serene Steam, and that you always read disclaimers, warnings, and directions before using, or purchasing a product. Serene Steam is a heat producing product, and therefore, you should always consult your doctor or physician before using Serene Steam so you can be sure that you do not have any condition which may cause harm during use.

All sample images of use described in this manual are merely examples of what's possible with Serene Steam, and should not be taken as any direction, nor instruction to do so by Serene Steam whatsoever. Serene Steam produces moist heat and hot water vapors, and any position you decide to place yourself within its environment should always be recommended, and confirmed by a physician or doctor first to be sure the features, and sample uses of Serene Steam are not harmful to you in any way. If you are sitting on a shower bench during use, it is always recommended to stand up slowly during, or after use due to hot vapor/steam exposure. Please be aware that the use of Essential Oils may also have an effect on one's reaction. Always position yourself in a comfortable distance from the system (not closer than approximately 12 inches) to experience the moist heat infused with Essential Oils.

Disclaimer Continued

Elderly persons and/or in poor health, or if you have a heart condition or alike, suffer from high blood pressure or diabetes, must not use Serene Steam devices unless otherwise directed by your physician. Should you have any other condition at all which requires medication of any type, you must also check with your doctor before using Serene Steam. All bathers, or steam bath users should ask their doctor for the estimated time recommended for using a steam shower product. Never use Serene Steam while under the influence of alcohol, drugs, including prescription drugs without inquiring with a doctor as this can be a serious hazard to your health.

Should you become dizzy, faint, or feel you are falling asleep, or any other feeling, or sensation which becomes uncomfortable, Immediately exit the steam-room/shower.

Please be extra aware of the flooring, or any other surfaces in your Serene Steam environment that may be slippery and dangerous to use. Make sure that all floor

materials are non-slip and any additional equipment such as shower mats or alike are certified non-slip, including any foot-ware that you may enter the Serene Steam shower/environment with.

Never make direct contact with the steam, or hot water vapor coming out of the steam opening during use as this could cause burns or physical harm. Make sure you are not allergic to Essential Oils in any way before use.

Children under the age of 18 should not use Serene Steam, unless supervised by an adult. By using Serene Steam, you indemnify Serene Steam, its affiliates, or any associated entity from any law suit or action should any bodily harm, which may be caused due to the features offered, or used by Serene Steam.

The primary feature of Serene Steam produces moist heat, commonly known as a steam room/shower or alike.

USING YOUR NEW SPA SYSTEM

Suggestions for use

Model images displayed may differ slightly from your model. However, general functionality & product use, including sample images are common in all models.

Depending on the materials used to create your shower enclosure, as well as in cold winter months, or simply any colder environment, it may be a good idea to heat up your shower environment first by taking a regular shower before using the Serene Steam system for best results.

All images, suggestions, and/or recommended product use in this manual, are merely examples, and model demonstrations of what is possible with Serene Steam, and you as the user, may experience your own personal, or different comfort zone while using Serene Steam.

Serene Steam may offer several relaxing benefits within its steamy environment. Please understand the multiple uses which Serene Steam may offer, as it may also produce different results from examples shown.